



**Ilka Hadlock**

Head Instructor

2010

Hey sailors! My name is Ilka Hadlock. I'm new to the Abbot Fletcher Sailing School this year. I'm from Freeport, Maine and I grew up sailing at Harraseeket Yacht Club. I have raced JY15s, Optimists and 420s all over the East Coast and been an instructor at HYC for two summers. Since then I have worked at a marina, been the caretaker of Whaleboat Island and been a lobster gal in Casco Bay.

Needless to say I love being on the water and I am happy to be coming back to instructing and coaching this summer. I'm currently a freshman at St. Lawrence University. Aside from sailing and school, I like to ski, race, hike, run, make art, read good books and cook. I am super excited for this summer and I can't wait to meet all of you!

## BEGINNER AND INTERMEDIATE SESSIONS

June 28 – July 9  
July 12–July 23  
July 26 – Aug 6  
Aug 9 – Aug 20

Morning beginning classes  
9 – 12 noon

Afternoon intermediate  
classes 1 – 4 p.m.

## RACING SESSIONS OPTI & 420

June 28 – July 16  
July 9 - Aug 6

9:30 am – 4 pm

Sessions are  
Monday - Friday



## Tuesday Evening Races

Last year we began Tuesday evening racing for any 2009 students of AFSS. Although we were rained out several evenings, we will start these races again this season. Opti's, 420's and lasers will be used.

We ask that students be on the dock at 4:15 p.m. ready to race. The instructors will have the race course set up for the informal racing. Boats will be available on a first come basis.

## MIRC Racing

AFSS racing teams will continue to participate in the Wednesday racing put on by the Maine Interclub Racing Circuit that we began two years ago. Each race, for 420's and Opti's, is hosted by a member club.

Last year, on one of the Wednesdays, we sent several teams to Peak's Island. We went into Portland and caught the Ferry and were met by several cars to bring us to the Peak's Island Yacht Club. The parents were ferried to a nearby moored sailboat to watch the races.

The advantage of the MIRC races being they are more relaxed than a Regatta but still give students the experience of the race. Sign up for the Opti or 420 racing team and be a part of these races.

## SIGN UP NOW!

The racing sessions are on a first come basis. We have limited room in each of these classes so please send in your applications soon to participate in the racing sessions and be a part of the Wednesday MIRC races.

Any student can qualify for the racing program as long as you have some experience in the Opti's or the 420's. The first session of the 420 is full with 3 openings in the second session. We still have openings in both Opti Racing Classes.

**Shannon and Erin Kenyon** have attended AFSS the last 3 years. Last year they sailed on the 420 Team and also volunteered. "It was enjoyable traveling to race other clubs in the Midcoast region and it allowed us to build on the skills we learned from the sailing school. When we raced together, we did really well on the final turn toward the finish line and won our fair share of races.

This year we look forward to being instructors for AFSS. We encourage campers to try the racing school – you learn a lot and it is fun for everyone."



**Dean Holowach** started sailing when he was 8. For 5 years he raced Opti's and 420's at Shattemuc Yacht Club in New York. He has sailed for AFSS and is a member of OBYC. He has raced for Portland Yacht Club for the last two year. He is currently racing lasers in the Spring Frostbiting at Cedar Point Yacht Club in Connecticut.

We welcome Dean as a new instructor for AFSS.

My name is **Zoë Kitchel** and I will be a Senior at Falmouth High School this fall. I have lived in Maine my entire life and have always loved the outdoors, especially the water. My family and I are members of Orr's Bailey Yacht Club. I have been sailing since birth as my dad owns a 23 ft Sonar. I have taken classes at both Portland Yacht Club in Falmouth and here at the Abbott Fletcher Sailing School. Last summer, I completed the Level 1 Instructor course in Castine, ME at the Maine Maritime Academy.

I am excited to get to know you future sailors and share my love of the sport will all of you!



In the photo are **Philip Hootsmans, Sarah Arndt, Katherine Gracey and Annie Olausson** last year helping the first session of the morning class. Returning as instructors are Philip and Sarah. Joining us as instructors for the first time are Katherine and Annie.

Annie and Katherine both served as volunteers last year. They will be junior instructors this year and we welcome them to our team.

Both Philip and Sarah graduate this year from high school and will go on to college

**Welcome back to all our team!**